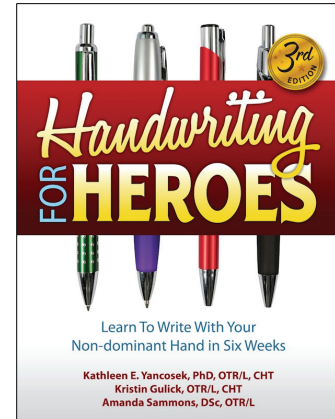


## Handwriting for Heroes: Learn to Write with Your Non-Dominant Hand in 6 Weeks, 3<sup>rd</sup> Ed.

**Publisher:** Loving Healing Press  
**Author:** Kathleen Yancosek, Kristin Gulick, Amanda Sammons  
**ISBN-13:** PB 978-1-932690-69-9  
**List Price:** PB \$ 24.95  
**Trim:** 8.5 x 11 (152 pp)  
**Audience:** General Adult  
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**BISAC:** Medical/Allied Health Services/Occupational Therapy  
Education/Special Education/Learning Disabilities  
Medical/Occupational & Industrial Medicine



**Synopsis:** By targeting adults, this book preserves the dignity of those who must "re-learn" the basics of handwriting by providing an alternative to children's workbooks. All tasks are oriented to the adult learner.

- *Handwriting for Heroes* is a task-oriented workbook that approaches learning to write with your previously non-dominant hand through meaningful repetitions of purposeful writing tasks.
- *Handwriting for Heroes* captures the extra-ordinary learning process of a very ordinary task: handwriting.
- The methods of instruction are based on motor learning principles and the dynamic process of skill acquisition.
- This is a first-of-its-kind workbook designed for adult populations who sustain injuries to their dominant hands that permanently impair dexterity functions.
- Learning to write with the previously non-dominant hand can be a rewarding accomplishment along the recovery path; it is an accomplishment that leads to improved self-esteem, increased opportunities for hobbies and work occupations, and one more illustration of the adult's ability to overcome adversity.

### Occupational Therapists' Acclaim for the Handwriting for Heroes Method

"I used *Handwriting for Heroes* with all of my patients, some had lost hand function from amputation, brachial plexus injuries, stroke, or extensive soft tissue trauma to the dominant hand. All of my patients benefited and enjoyed the workbook and how it helped them return to handwriting tasks." --Stephanie E. Daugherty, MS, OTR/L, CHT, Army Lt. Col. (Ret.)

"This workbook is extremely practical and functional! It is an essential tool in hand dominance retraining for the upper limb amputee." --Oren S. Ganz, MOT, OTR/L

"*Handwriting for Heroes* is more than a workbook! It's an investment into the future performance of my patients who need to return to occupations that demand handwriting. My patients enjoy the challenge and the success of the program!" ---Kristi A. Say, OTR/L

Learn more about this book at **[www.HandwritingForHeroes.com](http://www.HandwritingForHeroes.com)**

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